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|  | ***Year One PSHCE- Keeping/staying safe Road Safety. Term 5*** | |
| **Key vocabulary** | Explanation/ definition | Key knowledge |
| Road | A surface transport travels on. | Developing understanding of safe and unsafe scenarios on a road.  Understand road safety.  Develop road sense.  Explore real life scenario.  100+ Free Hazard & Warning Vectors - Pixabay |
| Safety | Being protective and unlikely to cause danger |
| Pelican crossing | An electrical crossing aid. |
| Zebra Crossing | An unmanned crossing aid |
| Dangerous | Able or likely to cause harm |
| Prevention | Action to stop something arising |
| Accidents | An unfortunate incident |

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|  | ***Year One PSHCE- Keeping/staying healthy (Hand Washing, healthy eating) Term 3*** | |
| **Key vocabulary** | Explanation/ definition | Key knowledge |
| Soap | A substance used with water to clean things. | Understand how and why we wash our hands.  Germs and how they may spread.  How to prevent spread.  Know the differences between healthy and unhealthy choices  Fresh Healthy Food | #vegan #food #vegetables #fruit #natura… | Flickr |
| Water | A colourless liquid |
| Germs | Makes you poorly. |
| Clean | Free from dirt, marks or stains |
| Dirty | Unclean |
| Fruit | Sweet fleshy product of a tree or plant that contains seeds and can be eaten. |
| Vegetables. | A plant. |
| Protein | A type of nutrients found in food |
| Food groups | Groups of nutrients made up in food |
| Vitamins and minerals | Compounds necessary for the healthy functioning of our bodies |

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|  | ***Year One PSHCE- Relationships How to be a good friend. Term 2*** | |
| **Key vocabulary** | Explanation/ definition | Key knowledge |
| Friendship | A relationship with others. | Recognises and name a range of feelings.  Caring about others.  How to be a good friend. |
| Kindness | The quality of being friendly, generous, and considerate |
| Caring | Displaying kindness and concern for others |
| Empathy | The ability to understand and share the feelings of another |
| Body language | The movements used to communicate |
| Emotions | A strong feeling |

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|  | ***Year One PSHCE- Being responsible (Water Spillage.) Term 6*** | |
| **Key vocabulary** | Explanation/ definition | Key knowledge |
| Dangerous | Able or likely to cause harm | Importance of preventing accidents  Recognise responsible and irresponsible actions.  100+ Free Hazard & Warning Vectors - Pixabay |
| Prevention | Action to stop something arising |
| Accidents | An unfortunate incident |
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|  | ***Year One PSHCE- Feelings and emotions (Worry, Anger, Jealousy, Grief.) Term 4*** | |
| **Key vocabulary** | Explanation/ definition | Key knowledge |
| Scared | Feeling fearful or frightened | Learn a range of skills for coping with unpleasant / uncomfortable emotions  Be able to recognise and name emotions and their physical effects.  Understanding a range of emotions and how they make us feel physically and mentally.  Emotions: Reverse-engineered | LIKING, is the emotion that i… | Flickr |
| Anxious | Worried or uneasy |
| Nervous | Alarmed about something |
| Frustrated | Annoyed or disappointed |
| Respect | Regard for the feelings, wishes, or rights of others |
| Unpleasant/Uncomfortable | Causing discomfort or distress |
| Mental health | Psychological and emotional wellbeing |
| Reflective | Thinking back over an event in deep thought. |
| Sad/upset | An emotion. |  |
| lonely | A feeling of being on your own. |  |

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|  | ***Year One PSHCE- Computer safety (online safety day) Term 1*** | |
| **Key vocabulary** | Explanation/ definition | Key knowledge |
| Privacy | Secrecy- not intruded by others | Understand how your online actions can affect others  Awareness of current games and apps used.  Awareness of computer safety rules.  online safety | paul.klintworth | Flickr |
| Permission | Giving allowance to someone or something |
| Passwords | A secret word or phrase |
| Online | Controlled by or connected to a computer |
| ICT | Information- communication- technologies |

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|  | ***Year One PSHCE- Money Sense linked with Year Two and Nat West Bank.*** | |
| **Key vocabulary** | Explanation/ definition | Key knowledge |
| Sensible | Something or someone practical | Understand different ways we can receive money  Know how to keep money safe  Understand the importance of saving money  HD wallpaper: 10, 20, and 5 English pounds and coins, currency ... |
| Saving | The practise of saving money for future use |
| Resourceful | Having the ability to find quick and clever ways to overcome difficulties |
| Value | Placing importance on something or somebody |
| Denominations | A face value of money |