

Holding Families+

Support for parents in prison and their children

What we do

Early Break is a charity which works with children, young people and parents to improve people's emotional health and family life. We have worked with mothers in Styal to understand their needs and to develop the Holding Families+ project.

Are you

- Are you a **parent** hoping or planning to return to your children?
- Are you a parent who has used/uses alcohol / drugs?
- Are you a parent returning to live in Rochdale, Bury, Bolton, Salford, Trafford?
- Are you a parent wanting **support for you and your family and children** pre and post release?
- Are you a parent who has other **family members** that would benefit from support?
- Are you a parent who would like **more information/** or to speak to a Holding Families+ worker?

For further information contact:

The Women's centre
CRC worker
Substance misuse worker
OMU

To make a referral contact:
info@earlybreak.co.uk or 0161 723 3880