



# THE LIGHTHOUSE CLUB WEEKLY MEAL PLANNER

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Potato waffles & spaghetti hoops	Chicken nuggets & beans	Pasta with sauce	Pizza	Chilli & rice
Week 2	Pasta with sauce	Pizza & garlic bread	Fish fingers & spaghetti hoops	Chicken nuggets & beans	Ham/cheese wrap
Week 3	Pizza	Fish fingers & spaghetti hoops	Ham/cheese wrap	Potato waffles & beans	Pasta with sauce
Week 4	Chicken nuggets & beans	Chilli & rice	Potato waffles & spaghetti hoops	Ham/cheese wrap	Pizza & garlic bread

Crackers, breadsticks, fresh fruit & juice will also be available to the children on a daily basis